

## Pulaski ADULT DAY SERVICE & Fall Prevention Center



Do you want your older loved one to be well-cared for and have a better quality of life during the work week?

Please consider **Pulaski Adult Day Service & Fall Prevention Center**. Our program serves people 18 and older who are dealing with being alone during the day, a range of physical problems, or early to mid-stage dementia, and would like to join a program which provides interesting conversation, goofing off, laughing, good food, care, and companionship. We provide care Monday- Friday: 9am - 5pm.

*What We Do:* Provide daily care for adults 18 and older with needs such as assistance with eating, toileting, ambulating, and dressing/bathing. We assess and monitor health conditions and alert family members to changes in health, which helps prevent hospitalization.

\*We love being outside planting, walking and just enjoying the Therapy Garden (the NRV Master Gardeners come to teach us about plants and provide Garden Club), playing games building on language and math skills, cooking together, and music. We have a Certified Music Therapist who taps into memories through music and has a gift for reaching those who have difficulty expressing themselves.

\*Many of our people have raised a family through hard times and served our country and helped build this community. So, they deserve our best and it is an honor to know and serve them and their families.

For a detailed list of our services, check out our website and Facebook. Payment Options: Private Pay, Veterans Administration, Area Agency on Aging-Respite, Medicaid, & some long-term care insurance



Pulaski Adult Day Service and Fall Prevention Center, Inc.

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